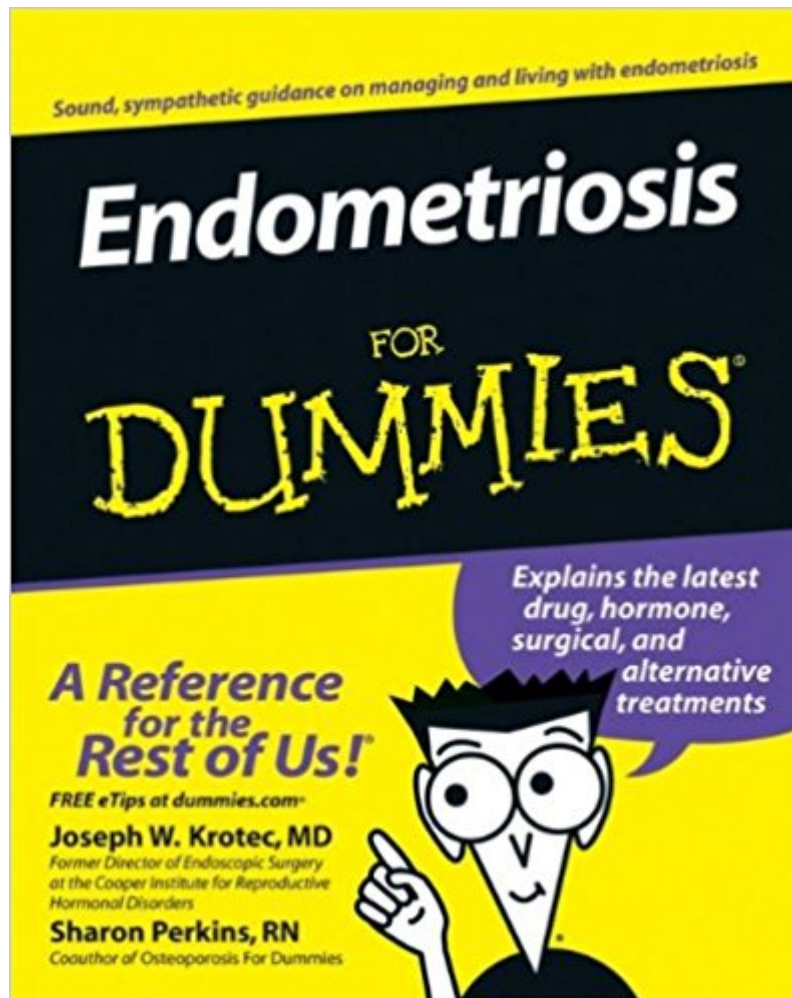




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# Endometriosis For Dummies



## Synopsis

Get the empowering info that puts you in control Take charge and take comfort in knowing how to live well with endometriosis Diagnosing and living with endometriosis isn't easy, but this disease doesn't have to rule your life. This book helps you find out and recognize typical symptoms. Plus, you'll get up-to-date info on traditional and alternative treatments -- ranging from medications and surgeries to acupuncture and massages. The authors provide plenty of compassionate advice on dealing with the pain and emotional issues, so you can enjoy life. Discover how to

- \* Evaluate treatment options
- \* Enhance your chances of getting pregnant
- \* Manage the pain
- \* Make lifestyle changes to minimize symptoms
- \* Deal with the emotional and financial challenges

## Book Information

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## Customer Reviews

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Dr. Joseph W. Krotec from Philadelphia, Pennsylvania, has practiced general gynecology, reproductive endocrinology, and gynecologic surgery specializing in endoscopic surgery. He has instructed peers, residents, and students for more than 25 years and has been Chair of Obstetrics and Gynecology, Chief of Gynecology, and Director of Endoscopic Surgery at various institutions. Dr. Krotec recently won the Milton Goldrath, M.D. Award for excellence in teaching. Sharon Perkins is an RN with 20 years of experience in maternal child health. She currently works for retinal specialists. Sharon has five children, two daughters-in-law, one son-in-law, and two perfect grandchildren. Oh, and a retired husband. This is her fourth For Dummies book.

Very informative for those of us who are trying to make decisions as to what kind of operation I might need. I felt like it breaks it down really well without being too wordy and losing my interest in fact listing.

This book has a lot of information, in an easy to read format. I read through it quickly. The information isn't necessarily in other books, or it gives a different perspective than my other books about endo. It's a great read. Very helpful. I have used it as a reference since reading it. It's staying on my bookshelf for life. -Liz

i found this book to be very helpful and educational. i appreciated the way it was organized and laid everything out in plain language which was easy for me to understand. there were some topics which weren't elaborated on as much as i would have liked, but at least they gave me a direction to research online. but for the most part, everything was explained well enough that i didn't need to research it further. i especially appreciate that it included portions on combating infertility, which was a great concern of mine.

I've recently diagnosed with Endometriosis and I'm finding this book to be very informative and easy to understand, hence the name.

Excellent book to start with!!

Endo is a very confusing disease. This really helped me understand what my body was doing, and how to cope with it. I would recommend this book to anyone that has Endometriosis. Get a highlighter & flip thru it. You will come back to those highlighted spots.

Amazing amount of information. Very helpful in understanding this awful disease. Great for someone diagnosed or someone who just wants to understand better.

This is the 4th book I've bought on the subject, hoping for a miracle, I guess. This is a very informative book, but some of the info is a bit dated now.

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